

# BEFORE YOU EXPLORE

Thank you for purchasing your Macpac child carrier, we hope that both you and your little explorers enjoy many adventures with it along the way. Before you take it on the first trip, please read these instructions to help you get the best out of your carrier.

## INSTRUCTIONS FOR USE: MACPAC CHILD CARRIERS

### IMPORTANT: PLEASE MAKE SURE ALL BUCKLES SECURING YOUR CHILD ARE CLIPPED IN BEFORE GOING ON YOUR ADVENTURE

**WARNING** Do not leave the child unattended in this carrier.

**WARNING** Do not use until the child can sit unaided.

**WARNING** When the child is in the carrier, they may be in a position higher than the carer. Care should therefore be taken to be aware of hazards: e.g. Door frames, low branches of trees etc.

### WHEN USING THE CARRIER, THE CARER SHALL BE AWARE OF THE FOLLOWING:

- » Your balance may be adversely affected due to movement of the child and also the carer
- » You will need to take great care when bending or leaning forward; the carrier is suitable for use when undertaking leisure activities but not for sports activities
- » Care should be taken when putting on and removing the carrier
- » Be aware that the child in the carrier may suffer from the effect of the weather and temperature before you do
- » The child in the carrier may also become tired and it is recommended to make frequent breaks
- » Care should be taken to avoid injury to the child's feet when the carrier is on or near the floor

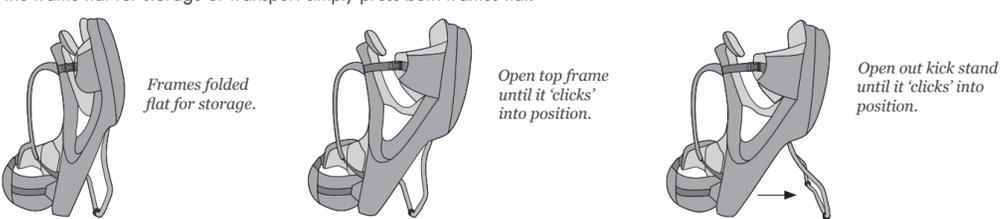
To identify your specific carrier please refer to the name label sewn onto the product on the lower, right side panel. The maximum recommended load for your Macpac child carrier is **20kg**.

### INTENDED FUNCTION

Your Macpac child carrier is intended to hold your child, on your back, while **walking only**. It is not intended to safely hold your child while engaged in sporting activities such as skiing, cycling, running, or other similarly vigorous activities that could affect the safety of you and your child. It is not intended as a restraining device for use in motor vehicles.

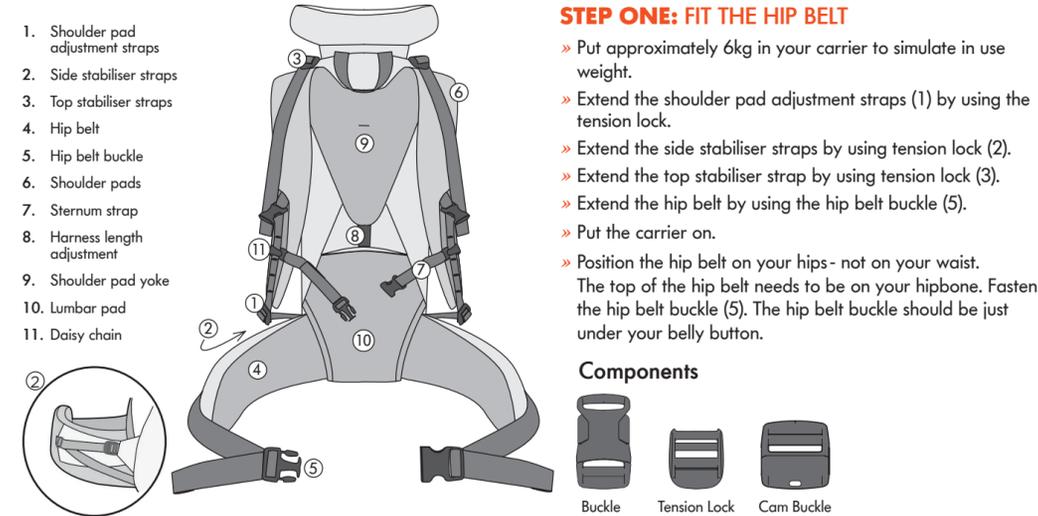
### ASSEMBLING YOUR CHILD CARRIER

Your carrier comes assembled, with the hinged frame folded flat in its storage or transport position. To ready it for use, fully open the two main frames until you feel them 'click' into position, then fully open the bottom frame until you feel it 'click' into position. To fold the frame flat for storage or transport simply press both frames flat.



### FITTING THE HARNESS TO YOUR BODY

Note: The Vamoose and Possum use a special harness system that provides maximum adjustment so it can fit people of different sizes. Please use the following instructions to fit your Vamoose or Possum.



### STEP TWO: ADJUST THE HARNESS/BACK LENGTH

- » The back length of the harness can be adjusted quickly and easily to fit most people.
- » Take the carrier off and lie it down with the harness facing up/towards you.
- » At the base of the harness is the harness length adjustment strap (8), this is tucked in behind the lumbar pad (10) and secured with a cam buckle.
- » The harness length adjustment strap (8), and the cam buckle are attached to the shoulder pads via the shoulder pad yoke (9). Unlock the cam buckle and pull the harness length adjustment strap tighter/down to shorten the back length of the harness. Ease/lengthen the harness adjustment strap to increase the back length of the harness. Ensure that the strap is tensioned and lock the cam buckle when the adjustment is finished.
- » Once the back length is adjusted, give the shoulder pad adjustment straps (1) an upward tug (toward the top of the pack) to see where they will sit when under load.
- » Put the carrier back on your back, and re-adjust the hip belt buckle based on Step One.

### STEP THREE: ADJUST THE SHOULDER PADS

- » Tighten the shoulder pad adjustment straps (1) and top stabiliser straps (3) until they are comfortable. When the shoulder straps are adjusted correctly they should curve neatly over your shoulders without leaving any gaps and without cutting into your arms.

### STEP FOUR: ADJUST THE STERNUM STRAP

- » Fasten the sternum strap (7) and adjust the height by threading the plastic components at each side through the appropriate height on daisy chain (11). The sternum strap (7) should be approximately 2 fingers' width below the top of your sternum bone.

### STEP FIVE: ADJUST THE SIDE STABILISER STRAPS

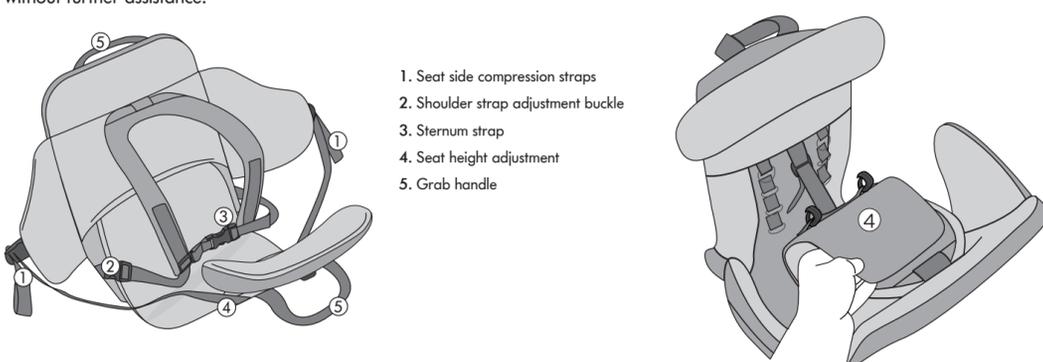
- » By adjusting the side stabiliser straps (2) you can control the amount of movement (pivoting of the hips) between the loaded pack and your body. Tighten the straps to reduce independent hip movement and to increase the load transfer onto your hips. Ease the straps off to gain greater freedom of movement with your hips.

### STEP SIX: ADJUST THE TOP STABILISER STRAPS

- » After all the adjustments, tighten the top stabiliser straps (3) again to help bring the top of the load forward over your shoulders and closer to your centre of balance where the load will be more stable and easier to carry.

### LOADING YOUR CHILD INTO THE CARRIER

For safe use of the carrier the child's harness should be securely fastened and adjusted in accordance with these instructions every time you use it. The first few times you load the carrier it is recommended you have the assistance of a helper to read the instructions and help with loading the child as necessary. Once you become familiar with loading the carrier you should be able to manage this without further assistance.



### STEP ONE: PREPARE THE CHILD'S COCKPIT FOR LOADING

- » Loosen the seat's left and right side compression straps (1) just enough to load your child.
- » Undo the left and right side shoulder strap adjustment webbing and buckles (2) and the shoulder pad sternum strap (3).
- » Adjust the seat height using the clips underneath the seat (4) and tighten the webbing after adjustment. The top of your child's shoulders should be approximately level with, or just below, the top of the rear of the seat.

### STEP TWO: ENSURE THE CARRIER IS STABLE

- » Ensure the carrier is on flat level ground for maximum loading stability.

Note: the first time you load your child into the carrier you may not have the seat height set correctly. If you need to adjust the seat height, remove your child from the carrier before adjusting it further.

### STEP THREE: LOAD YOUR CHILD INTO THE CARRIER

- » Load your child into the carrier facing forward (ie, in the direction of the adult's harness and the direction you will face when carrying the pack) with their legs straddling the seat.
- » The seat is intended to act like a saddle with the child's left leg exiting through to the left side of the carrier and their right leg exiting to the right.

### STEP FOUR: ADJUST THE SHOULDER PADS

- » Once your child is comfortably seated engage the left and right shoulder strap buckles and tighten the adjustment webbing (2) until they are comfortably snug on your child.
- » When the shoulder straps are adjusted correctly they should curve neatly over the shoulders without leaving any gaps and without cutting into your child's arms.

### STEP FIVE: ADJUST THE STERNUM STRAP

- » Do up the sternum strap (3) and adjust the webbing. The length of the webbing should be adjusted so as to prevent the shoulder pads slipping off to the side of your child's chest.
- » Adjust the height of the sternum strap (it slides up and down the shoulder pads). The sternum strap should run approximately across the centre of your child's sternum bone.

### STEP SIX: ADJUST THE SEAT'S SIDE COMPRESSION STRAPS

- » Tighten the side compression strap (1) webbing so as to provide a snug fit with your child and prevent excess swaying of your child while being carried.
- » Check the compression straps are not overtightened.

### CARE INSTRUCTIONS

To get the best from your Macpac child carrier we recommend regular cleaning and the following maintenance.

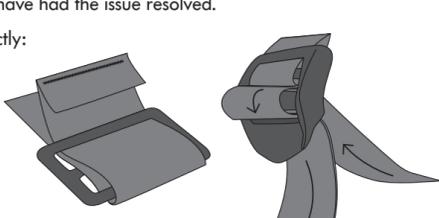
- » Clean your Macpac child carrier with a non-detergent soap, a soft bristled brush and cold water.
- » Remove the head pad that sits in front of the child by undoing the press studs, hook, and loop fastener.
- » Remove the shoulder pads by unclipping the left and right shoulder pad adjustment buckles. Unthread the webbing tail from the buckle in the centre back of the child's seat.
- » Place the removable components from the cockpit and harness in a washing machine on a gentle cycle using cold wash.
- » Once clean, rinse the pack well and dry it in a ventilated area away from direct sunlight.

### MAINTENANCE

Little maintenance is required other than cleaning. Periodically clean and lubricate the zip teeth, especially when zips have been used extensively and in dusty or dirty environments. You can use a food grade silicone spray, a "dry" Teflon bicycle chain lubricant or a wax based lubricant. Avoid oil or petroleum based lubricants as these may stain and damage the fabrics and components.

Periodically check the buckles, hinges, fabric and the frame for any wear or fatigue, particularly after prolonged use. Immediately check these areas if you suffer an accident with your carrier. If at any stage you notice damage to any part of your carrier discontinue use immediately until you have had the issue resolved.

Ensure the webbing is threaded correctly:



Use only genuine Macpac additional or replacement parts. These should only be obtained from Macpac or an authorised distributor. Contact the store you purchased your carrier from to arrange repairs or replacement parts.